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Your complete guide to this week's halachos and minhagim.

Shabbos

29 Tishrei, 5781 | Parshas Bereishis,
Shabbos Mevarchim Chodesh Marcheshvan

☰ Things to do

Tehillim

- Early in the morning we gather in *shul* to recite the entire Tehillim with a *minyan*. Following Tehillim, a *maamar* (that can be understood by everyone) should be studied for around an hour, followed by *davening*.²
- For more on saying Tehillim on Shabbos Mevarchim, see below, "*Hosafos*."

"The way you set yourself up on Shabbos Bereishis is the way your entire year will be."

(Saying of the Tzemach Tzedek, cited in Likkutei Sichos vol. 2, p. 449')

"Make sure to study a *parshah* of Chumash with Rashi every day, to say Tehillim every day, and to complete the Tehillim on Shabbos Mevarchim. It is crucial for you, your children, and your grandchildren."

(Hayom Yom, 25 Shevat)

Krias Hatorah

- The fifth *aliyah* ends with the words *va'achos Tuval Kayin Naamah* (4:22), and the sixth *aliyah* ends with the words *ki lakach oso Elokim* (5:24).
- The *haftorah* of *Machar Chodesh* is read (*I Shmuel* 20:18-20:42).

1 ראה עוד מ"מ בלקו"ש ח"כ ע' 556 הערה ד"ה דעם. (עוד בקשר לשבת בראשית: סה"ש תש"ד עמ' 44. התועודיות תשנ"ב ח"א עמ' 188).

2 ספר המנהגים ע' 30.

Shabbos,
29 Tishrei, 5781 -
Friday,
5 Cheshvan, 5781



For local candle lighting times visit Chabad.org/Candles

Blessing the New Month

- It is proper to know when the *molad* will be before blessing the new month.³ This month, the *molad* was on Shabbos morning at 3:23 a.m.⁴
- The *chazzan* stands,⁵ holding a Sefer Torah,⁶ and leads the congregation with *Mi shebeirach*. It is customary for the congregants to stand as well.⁷
- Rosh Chodesh **Marcheshvan** will be on Sunday and Monday.
- We don't say Av Harachamim or Tzidkas'cha.

Farbrengens

- Shabbos Mevarchim is a day to *farbreng*, ideally in *shul*.⁸ For more on Shabbos Mevarchim *farbrengens*, see below, "*Hosafos*."

Motzoei Shabbos

- On *Motzoei Shabbos Bereishis* we once again announce: "*V'Yaakov halach ledarko!*"⁹
- Say *Yaaleh Viyavo* during Maariv tonight. See below, "*Hosafos*," for the laws that apply if you forgot to say *Yaaleh Viyavo*.

Sunday

30 Tishrei, 5781 | First day of Rosh Chodesh

☰ Things to do

- Say *Yaaleh Viyavo* in Shemoneh Esrei. See below,

3 סידור אדה"ז. ולכן נהגו להכריז זאת באותה שעה ברבים, ראה ליקוטי מהר"ח (בראש ח"ג, בהשמות לח"ב פח.ב), ושערי-רחמים על השערי-אפרים שער י ס"ק מז.

4 לוח כולל חב"ד.

5 זכר לקידוש החודש, שבו ראש ב"ד עומד ואומר 'מקודש' וכל העם עונין אחריו (מנ"א ס' תיז ס"א).

6 קצות השלחן ס' פג בבדה"ש ס' ק, משערי אפרים שער י ס"ל.

7 שערי-רחמים על השערי-אפרים שער י ס"ק מג.

8 ספר המנהגים ע' 30.

9 ראה לקוטי שיחות כרך כ עמ' 269.

“*Hosafos*,” for the laws that apply if you forgot to say *Yaaleh Viyavo*.

- After *Shemoneh Esrei*, Half *Hallel* is recited, followed by *Kaddish Shalem*. For more on *Hallel*, see below, “*Hosafos*.”
- *Hallel* is followed by *Shir Shel Yom* and *Barchi Nafshi*.
- This is followed by *krias hatorah*. Next, say *Ashrei* and *Uva Letzion*. The *chazzan* concludes *Uva Letzion* quietly, and the *Sefer Torah* is returned to the *aron kodesh*.
- Next, remove *Rashi's tefillin*, don *Rabbeinu Tam's tefillin*, and say *Shema*, *Kadesh li chol bechor*, and the *Sheish Zechiros*. After removing *Rabbeinu Tam's tefillin*, we *daven Musaf*. The *chazzan* should recite a chapter of *Tehillim* before saying the *Chatzi Kaddish* that precedes *Musaf*.¹⁰
- If you are wearing *tefillin* when the *minyan* reaches *Kesser*, cover the *shel rosh* when responding.¹¹

Bentching

- It is a *mitzvah* to enhance today's meal in honor of *Rosh Chodesh*.¹²
- Say *Yaaleh Viyavo* and the *Harachaman* for *Rosh Chodesh*. Additionally, replace the word *Magdil* (in the *possuk Magdil yeshuos malko*) with *Migdol*.
- See below, “*Hosafos*,” for more on *bentching* and for the laws that apply if you forgot to say *Yaaleh Viyavo*.
- When saying a *Berachah Acharonah Mei'ein Shalosh* (e.g., *Al Hamichyah*), add the addition for *Rosh Chodesh*. (However, there is no need to repeat the *berachah* if it was omitted.)¹³

Minhagei Rosh Chodesh

- It is customary for women to refrain from performing certain types of work on *Rosh Chodesh* (see note).¹⁴

- It is customary to refrain from taking a haircut and cutting nails on *Rosh Chodesh*.¹⁵
- The *Frierdiker Rebbe* cites an “ancient custom” to study another *possuk* from the *kapitel* corresponding to one's age each *Rosh Chodesh*, along with *Rashi's* explanation (and additional commentaries).¹⁶ For *Tehillim* with *Rashi*, visit www.chabad.org/16222.
- If there are less than twelve *pesukim* in your *kapitel* (or less than thirteen in a leap year), when you finish the *kapitel*, learn it a second time. If there are more than twelve (or thirteen) *pesukim* in your *kapitel*, study enough *pesukim* each *Rosh Chodesh* to finish the *kapitel* over the course of the year.¹⁷
- The *Rebbe* encouraged arranging *farbrengens* (in *shul*)¹⁸ on *Rosh Chodesh*.¹⁹

Monday

1 Marcheshvan, 5781

Second day of *Rosh Chodesh*

☰ Things to do

- See yesterday's *Luach* and below, “*Hosafos*,” for the laws and customs of *Rosh Chodesh*.

Tuesday

2 Marcheshvan, 5781

☰ Things to do

- We resume saying *Tachanun*.

10 אג"ק ח"כ עמ' רפג.

11 מאסף לכל המחנות' ס' כה סוף ס' קלו, ובלקט-הקמח החדש שם ס' קה.

12 שו"ע אור"ח ס' תיט.

13 מג"א ס' רח סק"יח.

14 שו"ע ורמ"א ס' תיז ס"א, שהפרטים תלויים במנהג המקום. יש מקומות שאסרו תפירה [ב'תורת מנחם - התוועדות' תשד"מ ח"ב עמ' 948 מודגשת מלאכה זו, וצוין לתשב"ץ ח"ג סי' רמד], סריגה, כיבוס (דיני), וגיחוי שלא לצורך היום (ראה שם: שערי-תשובה ס"ק ג. כף-החיים ס"ק לב. אשל-אברהם להרה"צ מבוטשטאטש). ובערוך-השולחן שם ס"י כתב ש"אצלנו" נשים העוסקות באומנות - עושות מלאכה, שלא קיבלו עליהן להפסיק פרנסתן (ואצ"ל ביחס למלאכות הקשורות בחינוך, ראה ס' חול-המועד כהלכתו, פרק ו, סעיף עה).

15 צוואת רבי יהודה החסיד אות מח. שו"ע אדה"ז ס' רס ס"א.

16 ספר-המנהגים עמ' 36.

17 שם.

18 היום יום ליניסן. וראה סה"ש תש"נ שבהערה הבאה.

19 ספר-השיחות ה'תש"נ ח"ב עמ' 539. וראה אג"ק כ"ק אדמו"ר מהור"צ ח"ז עמ' שכד, עיי"ש. תורת מנחם כרך ת, עמ' 178.

Thursday

4 Marcheshvan, 5781

Things to do

- According to Kabbalah, the earliest time to recite Kiddush Levanah is the seventh day from the *molad*²⁰ (i.e., Thursday evening).

Hosafos

Shabbos Mevarchim Chodesh Marcheshvan

Tehillim

- It is not our custom to recite the *pesukim* printed before and after the Tehillim.²¹
- At the conclusion of Tehillim, an individual whose parents have passed recites Kaddish Yasom. If a *chiyuv* (an individual commemorating a *yahrzeit* or an *avel*) is present, Kaddish is recited at the end of each *sefer*. In such a case, the *Yehi Ratzon* following each *sefer* should be recited beforehand (at least by the one reciting Kaddish).²²
- If you did not finish reciting Tehillim before *davening*, finish it as soon as possible (after Minchah, on Sunday,²³ or on the following Shabbos²⁴).

Farbrengens

- Continue the Shabbos Mevarchim *farbrengens* at home during the Shabbos meal, by discussing with your family the general idea of Shabbos Mevarchim and the special dates of the upcoming month (e.g., Chof Cheshvan).²⁵
- Women and girls should arrange their own *farbrengens*, either on Shabbos or on *motzoei Shabbos*.²⁶

Rosh Chodesh Marcheshvan

Yaaleh Viyavo When Davening

- If you forgot to say Yaaleh Viyavo during Maariv and remembered after saying Hashem's name at the end of the *berachah*, do not go back to repeat it.²⁷
- If you forgot to say Yaaleh Viyavo during Shacharis or Minchah and remembered after saying Hashem's name at the end of the *berachah*, finish the *berachah* and say it before Modim.²⁸ If you already began saying Modim, go back to Retzei.²⁹ If you already said the second *Yihiyu l'ratzon* at the end of Shemoneh Esrei, go back to the beginning of Shemoneh Esrei.³⁰
- If you forgot to say Yaaleh Viyavo during Shacharis and only remembered after *davening* Musaf, do not repeat the Shemoneh Esrei of Shacharis.³¹
- If you forgot to say Yaaleh Viyavo during Minchah on Sunday and only remembered at night, *daven* Maariv (including Yaaleh Viyavo) twice, once for Maariv and the second time to make up for Minchah.³²
- If you forgot to say Yaaleh Viyavo during Minchah on Monday and only remembered at night, *daven* Maariv twice, once for Maariv and the second time as a voluntary *tefillah*. However, since it is no longer Rosh Chodesh, do not say Yaaleh Viyavo during either Shemoneh Esrei.³³
- All the above also applies if you are unsure whether you have said Yaaleh Viyavo.³⁴

Hallel

- If you are saying Hallel without a *minyan*, say the *berachos* at the beginning and end.³⁵ When saying the *berachah* at the end of Hallel, the word *al* is omitted.³⁶

27 שו"ע ס' תכב ס"א ובמג"א שם סק"א.

28 שו"ע ס' תכב ס"א. ראה באריכות בהתקשרות גיליון ת"ת.

29 שם.

30 שם.

31 שו"ע אדה"ז ס' קכו ס"ג.

32 ע"פ שו"ע אדה"ז ס' קח ס"ד וסי"ז.

33 שו"ע אדה"ז ס' קח ס"ז.

34 מג"א ס' תכב משנ"ב ס' תכב סק"י, ע"ש.

35 ספר-המנהגים עמ' 36.

36 ספר-המנהגים עמ' 36.

20 סידור אדה"ז לפני קידוש לבנה.

21 ראה צילום כ"ק בכפר חב"ד גיליון 789 עמ' 11, ומשם בהתקשרות גיליון תמה, וגיליון תפד עמ' 17 ואילך.

22 ספר המנהגים ע' 30.

23 היכל מנחם ח"ג ע' רסו.

24 דעם רבינ'ס קינדער' ע' תלד.

25 לקו"ש חט"ז ע' 523.

26 לקו"ש שם.

- Many are accustomed to saying these *berachos* even when saying Hallel with a *minyan*.³⁷ If doing so, say the *berachos* before or together with the *chazzan*, and do not answer amen on the *chazzan's berachah*.³⁸
- Repeat the *possuk* of *Hodu* after each of the three *pessukim* of *Yomar na* (even when saying Hallel without a *minyan*³⁹).
- With regard to interrupting for *devarim shebikdushah*, Hallel shares the laws of *birchos krias shema*.⁴⁰ (To elaborate: With Kaddish, you may interrupt for *Yehei Shmei Rabba* and the amen of *da'amiran be'alma*. With *Kedushah*, you may interrupt for *Kadosh*, *Boruch*, and *Yimloch*. With *Modim*, you may say the words *Modim anachnu lach*. You may interrupt for *Borchu* and for the amen of *Hakel hakadosh*, *Shomei'a tefillah* and *birchos hatorah*.⁴¹)

Bentching

- The one leading the *bentching* raises his voice when saying the words *zachreinu Hashem Elokeinu bo letovah, u'fakdeinu vo levrachah, vehoshi'einu vo lechaim tovim*, and those listening answer amen after each phrase. However, if they are in the middle of *bentching* as well, they may only answer if they are between *berachos*.⁴²
- If you forgot to say *Yaaleh Viyavo* and remembered after saying Hashem's name at the end of the *berachah* but before starting the *berachah* of *Hatov Vehameitiv*, say the added paragraph for Rosh Chodesh printed in the *bentcher* or *siddur*. If you remembered after starting that *berachah*, do not go back.⁴³

37 ראה שיחות-קודש תשמ"א ח"ד עמ' 322 ס"ז.

38 ראה בארוכה ב'התקשרות' גיליונות: שלח עמ' 17, תמוז עמ' 17, תמוז עמ' 19 הע' 47.

39 היום יום, ל' תשרי.

40 ראה 'התקשרות' גיליון תמא ובס' הפסק בתפילה ספ"ד ובמילואים שם.

41 'דיני ומנהגי ר"ח - חב"ד' פ"ח סי"ב.

42 לקוטי-שיחות חכ"ד עמ' 380.

43 שו"ע אדה"ז סי' קפח סו"ס י' סידור אדה"ז.

Rambam

Visit www.chabad.org/dailystudy

שלושה פרקים ליום

Shabbos

הלכות מאכלות אסורות, פרק יז
הלכות שחיטה, פרק א-ב

Sunday

הלכות שחיטה, פרק ג-ה

Monday

הלכות שחיטה, פרק ו-ח

Tuesday

הלכות שחיטה, פרק ט-יא

Wednesday

הלכות שחיטה, פרק יב-יד

Thursday

ספר הפלאה
הלכות שבועות, פרק א-ג

Friday

הלכות שבועות, פרק ד-ו

פרק אחד ליום

Shabbos

הלכות ברכות, פרק י

Sunday

הלכות ברכות, פרק יא

Monday

הלכות מילה, פרק א

Tuesday

הלכות מילה, פרק ב

Wednesday

הלכות מילה, פרק ג

Thursday

סדר תפלות כל השנה -
נהגו העם ימלוך עלינו וכו

Friday

נוסח ברכות
התפילה וסדורן -
נוסח הקדיש אחת באמצע

ספר המצוות

כט מל"ת קצג קנג קצד
מ"ע קמו

ל מל"ת קא

א מ"ע קמז

ב מל"ת שו

ג מ"ע קמח

ד מל"ת סא

ה מל"ת סב

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